

# St Benedict's Parish

## Arcadia



### PARISH Masses

#### Weekend:

Saturday 7:00pm Vigil  
Sunday 9:00am  
Sunday 10:30am

#### Weekday:

Mondays to Thursdays 9:30am  
Fridays 6.30pm Adoration  
7:00pm Mass & Confession  
(Reconciliation)  
Saturdays 10am to 11am  
Adoration & Confession  
(Reconciliation)

### MONASTERY CHAPEL Masses

Sundays 7:00am  
Daily 7:00am

Please contact Father Shansana for the following:

**BAPTISMS**  
**RECONCILIATION**  
**FOR THE SICK**  
**MARRIAGES**  
**FUNERALS**

Fr Shansana: 0437 884 233

### PENTECOST SUNDAY

Year C  
4 & 5 June 2022



#### ENTRANCE ANTIPHON

The Spirit of the Lord has filled the whole world  
and that which contains all things  
understands what is said, alleluia.

#### SUNDAY HOLY MASS PRAYER

*Let us pray:*

O God, who by the mystery of today's great feast sanctify your whole Church in every people and nation, pour out, we pray, the gifts of the Holy Spirit across the face of the earth and, with the divine grace that was at work when the Gospel was first proclaimed, fill now once more the hearts of believers. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

#### INTRODUCTION TO THE MASS PENTECOST SUNDAY

##### INTRODUCTION TO THE MASS

Today we celebrate the feast of the Holy Spirit, Pentecost, and the birthday of the church. Today the disciples, who were so timid and frightened, are now bold and courageous and are ready to be the messengers of His love and peace. As we prepare ourselves for this Eucharistic celebration, let us be sincerely sorry for our failure to be true agents of His love and peace. We ask forgiveness from God and from one another for our failure to be agents of His peace.

##### FIRST READING (ACTS 2:1-11)

The disciples, who were behind the closed doors for fear of the Jews, are now filled with the power of the Holy Spirit. Now they can boldly preach among the people, and people are bewildered because each one heard them speaking in their own language.

##### SECOND READING (ROM 8:8-17)

St Paul says that the Holy Spirit gives us the power to say that Jesus is Lord, and gives us different graces and gifts for our lives and for the working in the Church.

##### GOSPEL (JOHN 14,15-16;23-26)

Jesus advises his disciples to keep his commandments and the Advocate, the Holy Spirit, will be sent to them.

THEME: Every Christian is called to be an agent of His peace.

(Source: Breaking the Word—India pg.55)

**First Reading****Acts 2:1-11 (JB)**

A reading from the Acts of the Apostles

*They were all filled with the Holy Spirit, and began to speak different languages.*

When Pentecost day came round, the apostles had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech.

Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. 'Surely' they said 'all these men speaking are Galileans? How does it happen that each of us hears them in his own native language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome - Jews and proselytes alike - Cretans and Arabs; we hear them preaching in our own language about the marvels of God.'

**The word of the Lord.****Thanks be to God.****Responsorial Psalm:****R. Lord, send out your Spirit and renew the face of the earth.****Second Reading****Romans 8:8-17 (Year C) (JB)**

A reading from the letter of St Paul to the Romans

*Everyone moved by the Spirit is a son of God.*

People who are interested only in unspiritual things can never be pleasing to God. Your interests, however, are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him. Though your body may be dead it is because of sin, but if Christ is in you then your spirit is life itself because you have been justified; and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

Everyone moved by the Spirit is a son of God. The spirit you received is not the spirit of slaves bringing fear into your lives again; it is the spirit of sons, and it makes us cry out, 'Abba, Father!' The Spirit himself and our spirit bear witness that we are children of God. And if we are children we are heirs as well: heirs of God and coheirs with Christ, sharing his sufferings so as to share his glory.

**The word of the Lord.****Thanks be to God.****Gospel Acclamation**

Alleluia, alleluia!

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.

Alleluia!

**GOSPEL****John 14:15-16, 23-26 (JB)**

A reading from the holy Gospel according to John

*The Holy Spirit will teach you everything.*

Jesus said to his disciples 'If you love me you will keep my commandments. I shall ask the Father and he will give you another Advocate to be with you for ever. 'If anyone loves me he will keep my word, and my Father will love him, and we shall come to him and make our home with him. Those who do not love me do not keep my words. And my word is not my own; it is the word of the one who sent me. I have said these things to you while still with you; but the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything and remind you of all I have said to you.'

**The Gospel of the Lord.****Praise to you, Lord Jesus Christ.**

**GOSPEL REFLECTION**  
**PENTECOST SUNDAY**  
**John 14:15-16, 23-26**

The outpouring of the Holy Spirit totally transformed the apostles, changing everything. Once cowardly, confused and lacking in confidence, they became convinced, certain and clear after receiving the Holy Spirit. The old creation gave way to the new.

Do you long for a greater glimpse of Jesus' glory? Do you thirst for a greater outpouring of the Spirit for yourself, the Church and the world? If the answer to these questions is a resounding 'Yes', be assured that this is the work of the Spirit. Just as a lover delights in showering gifts upon their beloved, so too God blesses and anoints his people with his Spirit.

The Spirit is given so we can live out our vocation, so we can live a life in the Spirit. At the dawn of creation God breathed his life into his disciples, saying, 'Receive the Holy Spirit' (John 20:22). Our capacity to receive the Spirit is determined by our attitude. The Spirit retreats from self-reliance, self-confidence and self-assurance, but is quick to comfort the broken-hearted, the poor in spirit, the needy and the humble. The disciples were filled with the Spirit because they were empty in themselves.

The gift of the Spirit at Pentecost is a recurring event in the life of the Church. Today we can receive and enjoy the Spirit in a new and exciting way. Don't be afraid to cry out, 'Come, Holy Spirit, fill the hearts of your faithful.' What can prevent us from being filled with the Spirit is that we rely too heavily on our own ability, not necessarily realizing that even this is given to us by God. Our confidence in ourselves is often greater than our confidence in God! We need to be humbled by our own limitations and overwhelmed by our own weaknesses so that we can pray with heartfelt conviction:

'Renew your wonders in this our day, as by a new Pentecost. Grant to your Church that, being of one mind and steadfast in prayer with Mary...and following the lead of blessed Peter, it may advance the reign of our Divine Saviour, the reign of truth...justice...love and peace.' (Pope St John XXIII)

(Source: Bible Alive—UK pg. 57)

**LITURGICAL FEASTS AND EVENTS OF THE WEEK**

Monday	June 6, 2022:	The Blessed Virgin Mary, Mother of the Church.
Thursday	June 9, 2022:	St Ephrem, deacon, doctor.
Saturday	June 11, 2022:	St Barnabas, apostle

Source: Ordo 2022



***Come Holy Ghost, Creator blest,  
fill the soul of every guest  
with that fire of love searing Father to Son.  
Hovering over the Apostles in flames of grace,  
You made a new high summit, the upper room,  
the source of unity for the human race.  
Holy Spirit come.***

## THE RULE OF ST BENEDICT

Chapter 4  
To reverence the old.

### PARISH FUNDS

Your support as always is much appreciated. For those wanting to make payments directly to our bank account here are the details:

#### PLEASE NOTE NEW BANK DETAILS

Bank Details for ONLINE only donations:

BSB: 062 784

Acct: 100002141

Name: Catholic Parish of Arcadia Bank:  
CBA—Catholic Development Fund

### THANK YOU FR HILARION

On behalf of all our parishioners we would like to thank you, Fr Hilarion Fernando, for your service and Spiritual support you have provided to our parish.

Wherever the Spirit calls you in the Church, may you always strive to do the will of the Father and bring more souls to Christ.

God bless you Father Hilarion, for all you have done for us. We will truly miss you.

### NEW ADMINISTRATOR

This Sunday at the 9.00am Mass, Fr Shansana will be installed as Administrator of the Parish of Arcadia.

Bishop Anthony has chosen to appoint him to this role in our Parish. I invite your prayer and support in this role.

I also wish to thank Fr. Hilarion for serving faithfully in this role for the past year.

Fr David Orr

### SAVE THE DATE!!!

26 June 2pm

After being postponed for a year due to the COVID 19 pandemic, Pope Francis has asked dioceses around the world to celebrate the 10<sup>th</sup> World Meeting of Families locally, making it possible for every family to participate. While Rome will be the main venue for the event, each diocese will promote local events for its own families and communities based on the theme:

“Family love: a vocation and a path to holiness.

All families are invited to celebrate with:

**Bishop Anthony Randazzo**

**Mass on Sunday 26 June 2022 at Our Lady of the Rosary Cathedral Waitara at 2pm.**

This will be followed by food, formation, and fun games for kids. More details to come!

### CCC PRAYER GROUP

Prayer meeting held every

**Friday nights:**

after 7pm Mass

**Wednesday mornings:** after 9.30am Mass.

Everyone welcome. **Come and meet new people.**



### WEBINAR: WHAT AUSTRALIANS REALLY THINK ABOUT JESUS AND THE CHURCH TODAY

Join this free webinar to gain in-depth insights about the perspective of Australians on Jesus and the Christian Church.

Speakers are Dr Ruth Powell, Director of NCLS Research and guest speaker Karl Faase. Dr Ruth Powell will share latest results from the Australian Community Survey while Karl Faase will provide his reflections on the implications of these findings for ministry and mission.

Date : Thursday 9 June

Time: 11am (AEST) or 7pm (AEST)

[Online Registration](#)

## In Our Parish

We welcome into God's family, all who were recently baptised.

We pray for the sick of our Parish, especially *Lyla Abood, Brother Mario, Leanne Miller (Leonie's daughter)*

We remember in our prayers all our dearly beloved who have died, especially:

Sid Kelly, Rosario Scavo, Lee Rubino, Sam Barbagallo,  
Letizia Dominello...may they Rest in Peace.



## NEXT WEEKEND'S ROSTER

11/6/2022 to 12/6/2022

HOLY TRINITY Year C

	Saturday 7pm	Sunday 9am
<b>Acolyte</b>		Lorraine Dailey
<b>Reader1</b>	Maria Gambino	Rebecca Raad
<b>Reader2</b>	Miriam Brown	Glenice Lui
<b>Prayers</b>	Mary Cascun	Judy Horton
<b>TV</b>		Teresa Gambino
<b>Music</b>		Melanie Hume
<b>Music</b>		Marisa Quattrocchi
<b>Music</b>		Helen Facione
<b>Music</b>		Theresa Neely
<b>Morning Tea</b>		Sophie Rebula

**CHILDREN'S MASS 9AM SUNDAY 5TH JUNE 2022**  
**PLEASE JOIN US FOR BARBECUE / MORNING TEA**  
**AFTER THE 9AM MASS**

### SACRAMENTAL PROGRAM 2022/2023

Enrolments for the next Sacramental Program has now commenced. Please email the parish for a copy of the enrolment form [arcadia.pariah@bigpond.com](mailto:arcadia.pariah@bigpond.com) or pick up a copy from the sacristy. You can also find the form online:

<https://www.bbcatholic.org.au/arcadia/sacraments/confirmation>

### 1st HOLY COMMUNION CLASSES

First Holy Communion last session is this week. Practice session is on Monday 6th of June 6pm. 1st Holy Communion date: Sunday 19th June 2022 10.30am For more information contact Paula on 9653 2312.



### PLENARY COUNCIL

We are now in the final stages for the Council to begin on the 3<sup>rd</sup> of July. This week the motions for the assembly were released. Copies of the proposed motions are available at the door. A full copy of the **Framework for the Motions** is available on line at:

<https://plenarycouncil.catholic.org.au> and select Available Now

You are most welcome to come to a discussion on the motions next Tuesday, at 10.30am or 7.00pm at the Parish Centre. I will provide background to their creation.

We have two weeks available to offer any amendments. Please keep us in your prayers.

## CATECHIST NEWS

Welcome to all families joining in the Children's Mass this weekend.

Continuing Pope Francis' message to Catechists, Pope Francis said "When one of St. Francis' followers asked to be taught how to preach, the saint responded by saying: "Brother, when we visit the sick, help children and give to the poor, we are already preaching. In this beautiful lesson is enclosed the vocation and task of the catechist," he said, explaining that catechesis is not simply a job or a task external to the person of the catechist. Rather, "their whole life revolves around this mission," he said, noting that to be a catechist is "a vocation of service in the Church, which is received as a gift on the part of the Lord and must in turn be transmitted."

Free training to all Catechists continues this week. The next session will be held face-to-face at Pennant Hills on Monday 20<sup>th</sup> June 9:30am – 2:30pm 'Encompassing Music, Stories and Drama in the Classroom'. RSVP [registrations@bbcatholic.org.au](mailto:registrations@bbcatholic.org.au)

Thanks to those who were able to attend this week's Catechist's meeting. If you are interested to learn more about becoming a Catechist or helper please contact me. Please keep in your prayers all our Catechists and the children they teach.

God bless,

Miriam Brown [srearcadia@gmail.com](mailto:srearcadia@gmail.com)

Parish Catechist Coordinator

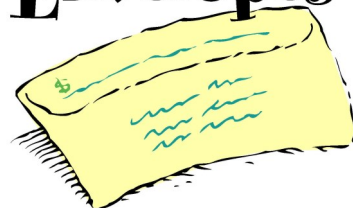
### PLANNED GIVING ENVELOPES

Thank you for everyone who helps our parish by using the planned giving envelopes. This helps us with our budgets.

The planned giving envelopes for 2022/2023 are now available for collecting in church entrance. These will be labelled alphabetically with your envelope number for easy access. Please collect your envelopes as soon as possible otherwise they will be posted which adds to the cost. We really appreciate it!

We thank you for your continued support to the Parish!

# Offering Envelopes



### LOCAL NEWS - HISTORICAL SOCIETY MEETING

Dural & District Historical Society next meeting 2pm Saturday 11 June at Galston Uniting Church. Speaker Stuart Read from Heritage NSW will talk about Early Hunter and Sydney Vineyards from 1788 to 1850s. All welcome. Gold coin donation for afternoon tea.

### ITALIAN ROSARY GROUP

Every Monday 2.00pm. Everyone welcome. For more details call Angela Egiziano. Ph: 9653 2312.



# WORLD YOUTH DAY LISBON 2023



[www.bbwyd.org.au](http://www.bbwyd.org.au)



The new Diocese of Broken Bay World Youth Day website is live with Bishop Anthony Randazzo inviting the youth of the Diocese to join him on pilgrimage to Italy and then on to Lisbon, Portugal for WYD23.

Young people aged between 16 and 35 can register their interest at <https://bbwyd.org.au/>

To be held in August next year, World Youth Day is the gathering of young people from around the world with the Pope.

It is a celebration of youth, the universal Church and evangelisation.

Prior to the global event, Bishop Anthony will lead a group of students and young adults on a pilgrimage through Italy in July to some of the holiest sites and homes of our saints.

The group will visit Venice, Padova, Ravenna, Bologna, Florence, Siena, Assisi, Cascia and St Peter's Basilica in Vatican City and Rome before flying to Lisbon in Portugal.

"The theme for WYD23 is '*Mary arose and went with haste*' (Luke1:39) and I implore all our pilgrims who join me to be filled with the same excitement and wonder for their own encounter with Christ and His Church as we journey to Lisbon," Bishop Anthony said.

"I am very much looking forward to leading a group of enthusiastic, passionate young people from our Diocese to a number of holy sites in Italy, onto Lisbon and then to Fatima for a retreat. It will be a truly memorable experience."

During the week of 1-6 August '23, Lisbon will host numerous celebrations and faith events. While clear in its Catholic identity, WYD is open to all youth of the world, no matter how close or distant they are from the Church.

St John Paul, while Pope John Paul II, was inspired to establish World Youth Day in 1986 following the Church's Youth Jubilee in 1984 and the United Nations International Youth Year in 1985. It has been a much-loved and hugely successful event every three years although WYD last year was postponed to the COVID-19 pandemic.

## SAINT OF THE WEEK

### *St Ephrem, Deacon and Doctor*

**Feast Day: June 9**

*C. Early Fourth Century—373*

**Patron Saint of spiritual directors**  
***The Harp of the Holy Spirit***



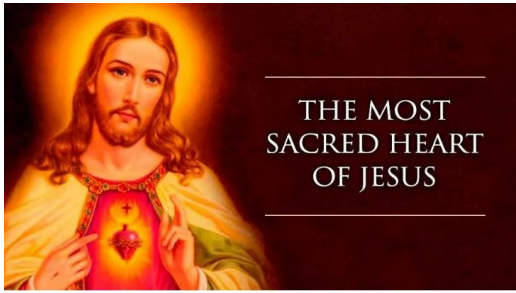
The Councils of Ephesus in 431 and Chalcedon in 451 ended a centuries-long scorpion dance. Bishops, theologians, and scholars from Egypt to Syria had long circled one another with suspicion, stinging their enemies with sharp words and pointed tongues. Did Jesus Christ have one or two natures? If two natures, were they joined in His will or in His person? If united in His person, at conception? Was He one person or was He two? Smart, educated men defended every shade of every subtlety of every complex question with all of their considerable skill. The answers hacked out at Ephesus and Chalcedon, whose hurly-burly political intrigues were less than inspiring, answered the relevant questions definitively, establishing orthodox teaching for all time. The theological language coined during those fifth century debates is still familiar to the Church today: *hypostatic union, monophysitism, Theotokos*, etc.

Today's saint, Ephrem, was active a century prior to the great conclusions and clarifications of the fifth-century Councils. Although Ephrem did not deviate from what later Councils would explicitly teach, he used far different language to communicate the same truths, anticipating later teachings through poetry. Saint Ephrem was a poet and a musician first and foremost. His language is more beautiful, compelling, and memorable because it is metaphorical. Exactness in words risks dryness. You can say that the average density of the air in the ship's hull eventually equaled the average density of the surrounding water. Or you can say that the ship sank like a stone to the ocean floor. You can write that a day's high dew point caused the air's water vapor content to slow evaporation. Or you can write that it was so hot and humid that people melted like candles. The Church can teach that we eat Christ's body and blood in the Holy Eucharist. Or we can speak directly to Christ with the poet Ephrem and say, "In your bread hides the Spirit who cannot be consumed; in your wine is the fire that cannot be swallowed. The Spirit in your bread, fire in your wine: behold a wonder heard from our lips."

The Councils of Ephesus and Chalcedon taught that the one person of Jesus Christ united in Himself a fully divine nature and a fully human nature from the moment of His conception. Saint Ephrem wrote "The Lord entered (Mary) and became a servant; the Word entered her, and became silent within her; thunder entered her and his voice was still; the Shepherd of all entered her and became a Lamb..." Poetry, metaphor, paradox, images, song, and symbols. These were tools in Saint Ephrem's nimble hands. Theology for him was liturgy, music, and prayer. He was called the Harp of the Holy Spirit, the Sun of the Syrians, and the Column of the Church by his admirers, who included luminaries such as Saints Jerome and Basil.

Saint Ephrem was a deacon who declined ordination to the priesthood. He lived radical poverty, wearing a patched and dirty tunic. He had a cave for his home and a rock for his pillow. Ephrem founded a theological school and was deeply involved in catechesis through preaching, liturgy, and music. He died after contracting a disease from a patient he was caring for. Saint Ephrem is the Church's greatest Syriac language writer, proof that Christianity is not synonymous with the West or European culture. Ephrem's world thrived for centuries with its own unique Semitic identity in today's Syria, Iraq, Iran, and India. Saint Ephrem's Syria was not the "Near East," as Europeans later called the region. To him, it was home, the deep cradle of the new way of loving God that was, and is, Christianity. Saint Ephrem was declared a Doctor of the Church by Pope Benedict XV in 1920.

*Saint Ephrem, you wrote tenderly and lovingly about the truths of our faith. Help all Christian artists to stay true to the Truth and to communicate Jesus Christ to the world through beauty, music, and images that raise the mind and lift the heart to God Himself. Amen.*



The month of June is dedicated to the Sacred Heart. The Church actually celebrates the Solemnity of the Most Sacred Heart of Jesus on Friday 24 June this year, 19 days after Pentecost. It is a “moveable feast”, celebrated after the Corpus Christi octave. Devotion to the Sacred Heart is one of the most widely practiced and well-known devotions, taking Jesus’ physical heart as the representation of His divine love for humanity – emphasising the unmitigated love, compassion and long-suffering of the heart of Christ towards humanity.

This feast wasn’t always on the calendar and took many centuries before it was established and spread throughout the world. St Margaret Mary Alacoque, a French nun and mystic, received private revelations from Jesus on 16 June 1675, asking her to specifically promote a feast that honoured His Sacred Heart.

The first time there was a liturgical feast of the Sacred Heart of Jesus was on 20 October, 1672. The first country to institute a liturgical feast was Poland and then in a decree from the Sacred Congregation of Rites on 23 August 1856, Pope Pius IX established the feast for the universal Church.

St John Paul II, a great devotee of the Sacred Heart, said: “This feast reminds us of the mercy of the love of God for the people of all times.” The faithful are encouraged to discover the riches hidden in the Heart of Jesus that gives hope and trust and to love our neighbours.



### POPE FRANCIS' PRAYER INTENTION FOR JUNE

#### FAMILIES

We pray for Christian families around the world; may they embody and experience unconditional love and advance in holiness in their daily lives.

**HAVE YOU HEARD ABOUT THE FAMILY CONNECT & SUPPORT SERVICE?**

*CatholicCare*  
Caring for you

1800 066 757  
[www.catholiccaredbb.org.au](http://www.catholiccaredbb.org.au)

Family Connect and Support (FCS) is a statewide voluntary service for children, young people and families who need support to maintain a safe and positive family environment. It helps families who may be experiencing vulnerability or who require some level of support before issues escalate. It works on a networking model, connecting families to local services with expertise in areas such as:

Parenting challenges, Financial stress, Substance use, Family breakdown, Housing issues, Mental health, Domestic and family violence ... and more.

We stay connected with you until you're matched to the right services or support. To access this service please call [1800 066 757](tel:1800066757) or visit [www.catholiccaredbb.org.au](http://www.catholiccaredbb.org.au).

### ACKNOWLEDGMENT

*We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.*

### SAFEGUARDING MISSION STATEMENT

*We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.*

*If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help: Fr Hilarion 0478 909 541, Lorraine Dailey 0416 081 882, Office for Safeguarding 83791605.*

**Office Hours:**  
**Mondays & Fridays 9.30am to 2.30pm**  
**Parish Office: 9653 2312**  
**Parish Priest: Fr Shansana Samarasinghe OSB**  
**Email: [sanshanasamarasinghe@yahoo.com](mailto:sanshanasamarasinghe@yahoo.com)**  
**After hours: 0437 884 233**  
**Email: [arcadia.parish@bigpond.com](mailto:arcadia.parish@bigpond.com)**  
**Postal address: 121 Arcadia Rd, Arcadia NSW 2159**

**Website: [www.bbcatholic.org.au/arcadia](http://www.bbcatholic.org.au/arcadia)**  
**Facebook: [stbenedictsarcadia](https://www.facebook.com/stbenedictsarcadia)**  
**Address: 2 Fagans Road, Arcadia NSW 2159**  
**Monastery: 9653 1159**

**For all parish Occupational Health & Safety and Safeguarding Children matters Contact: Lorraine Dailey on 0416 081 882.**

**Bank Details for ONLINE only donations:**  
**BSB: 062 784**  
**Acct: 100002141 (NEW BANK DETAILS)**  
**Name: Catholic Parish of Arcadia Bank: CBA—Catholic Development Fund**